



## PATIENT PREPARATION INSTRUCTIONS FOR DIAGNOSTIC PROCEDURES

### Magnetic Resonance Imaging MRI

Wear clothing that does not contain metal fasteners. Please do not wear jewelry, eye make up or hair pins/clips. If your exam requires a contrast injection, please wear clothing with short sleeves.

### CT with Contrast Injection

Do not eat anything for four hours before the exam. Avoid wearing clothes and/or jewelry with metal in the area being scanned. Please alert the technologist of all medications you are taking.

### CT Abdomen and/or Pelvis with Oral Contrast

Do not eat for four hours prior to the exam. Please call our office to receive preparation instructions.

### Bone Densitometry

Wear clothing that does not contain metal fasteners. Patients cannot have any Oral or IV Contrast in their body for one week prior to your exam.

For easy directions to any of our conveniently located **Neighborhood Radiology (NRS)** offices visit our website at [www.neighborhoodrad.com](http://www.neighborhoodrad.com).

Our website also offers additional information on our comprehensive services, as well as forms for both patients and physicians that can be downloaded and completed prior to a scheduled appointment.

### Mammography

Do not use powder, deodorant, lotion or perfume on the day of the exam. Please bring any previous mammograms and/or breast sonogram imaging films with you.

### Abdominal Sonogram

Do not eat or drink anything 6 hours prior to exam.

### Pelvic / OB Sonogram

A full bladder is necessary for this exam. Please drink 48 oz. of water one hour prior to the exam. Do not urinate until instructed to do so by the technologist.

### Renal / Kidney Sonogram

Drink 32oz. (4 cups) of water. Complete drinking 30 minutes prior to the scheduled exam time. Do not urinate until instructed to do so by the technologist.

### Hysterosalpingogram/Barium Enema

Please call our office to receive preparation instructions.

### Upper GI Series and/or Small Bowel Series/Esophagram

Do not eat or drink from midnight prior to the exam, as well as the day of the exam.

